



31 Dec 2024

## INFORMATION AND PROGRAMMES FOR TERM 1 - SECONDARY 1

Dear Parents / Guardians,

Happy New Year and a warm welcome to our Navalite family!

As your child/ward embarks on his/her educational journey with us, we would like to share with you about the key programmes and activities for the start of Term 1.

### 1. Secondary 1 Orientation Programme (2 - 3, 6 January)

For the first week of school, our Sec 1 Navalites will participate in an orientation programme in school. The programme is designed to help your child transit to the new environment with the following ABC goals:

- **A**ssimilate the students into their new school environment.
- **B**ond with new classmates and form teachers.
- **C**elebrate the school's rich legacy.

Daily reporting time: 7.20am at the Multi-Purpose Hall (MPH)

Dismissal time: 1.05pm (2 and 6 January), 12.30pm (3 January)

Attire: PE t-shirt and school shorts / skirt

Programme outline:

<b>2 January (Thursday)</b>	<ol style="list-style-type: none"><li>1. Principal's Welcome Address</li><li>2. Form Teacher Time I</li><li>3. Familiarisation with Canteen</li><li>4. School Tour</li><li>5. Team Building Activities 1</li><li>6. MIMS Password Reset</li><li>7. Form Teacher Time II</li><li>8. Reflection &amp; Debrief</li><li>9. Dismissal @ 1.05pm</li></ol>
<b>3 January (Friday)</b>	<ol style="list-style-type: none"><li>1. Level Camp Briefing</li><li>2. Form Teacher Time</li><li>3. School Heritage, School Song &amp; Cheer</li><li>4. How to tie the school tie</li><li>5. Team Building Activities 2</li><li>6. Art Trail</li><li>7. Reflection &amp; Debrief</li><li>8. Road Safety Briefing</li><li>9. Dismissal @ 12.30pm</li></ol>



<b>6 January (Monday)</b>	<ol style="list-style-type: none"><li>1. Guidance Head Address</li><li>2. Eco-Practices for Navalites</li><li>3. Camp Preparation: Packing Bag for Level Camp</li><li>4. Team Building Activities 3</li><li>5. Form Teacher Time</li><li>6. Reflection &amp; Debrief</li><li>7. Principal Address</li><li>8. Year Head Address</li><li>9. Orientation Part 1 Wrap Up</li><li>10. Dismissal @ 1.05pm</li></ol>
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## 2. CCA Exhibition (3 January, 3.45 - 5.30pm)

There will be a CCA Exhibition organised for the Sec 1 Navalites on Friday, 3 January, with the timing as follows:

- 3.45pm Briefing to students
- 4.00pm CCA exhibition
- 5.00pm CCA talk
- 5.30pm Dismissal

Attendance is mandatory for your child/ward.

## 3. Parents' Meet and Greet (3 January, 5.00pm - 6.30pm)

We warmly invite parents / guardians to the school so that we could share with you on the experiences that your child/ward will go through in NBSS. We would also share with you on how we could partner together to support your child/ward in his/her learning and development.

The programme will include:

- (1) CCA talk,
- (2) Personal Digital Learning Device briefing,
- (2) Principal's Address and
- (3) Meet and Greet with Form Teachers.

## 4. Camp Victory - Embarking on a New Journey (7 - 9 January)

Sec 1 Navalites will participate in Camp Victory, a 3D2N residential camp from Tuesday 7 January to Thursday 9 January, at CSC Changi. The objectives of the camp are to:

- Develop the sense of identity and belonging as a Navalite
- Provide Navalites with outdoor experiences to develop their SEL competencies and inculcate school values
- Forge camaraderie and friendships within the class through team activities

The camp includes activities such as low obstacles, orienteering, cycling, rafting, kayaking, outdoor cooking, tent-pitching and campfire. More details will be provided during the Parents' Meet and Greet on 3 Jan.



The program and packing list is provided as **Annex A** for your reference. If you have any queries, please email either Mrs Crescendra Chong at [tan\\_xiu\\_mei\\_crescendra@schools.gov.sg](mailto:tan_xiu_mei_crescendra@schools.gov.sg) or Ms Kellie Kok at [kellie\\_kok\\_yu\\_feng@schools.gov.sg](mailto:kellie_kok_yu_feng@schools.gov.sg).

## 5. Fortnightly Home-Based Learning (HBL) Days and Personal Digital Learning Device

In line with the National Digital Literacy Programme, MOE has included Blended Learning as a regular feature of the curriculum. Beyond preparing students for school closure, students and teachers now view Blended Learning as a pedagogical strategy. Fortnightly Home-Based Learning (HBL) days are part of the overall effort to encourage students to be self-directed and independent learners, and to develop passionate and intrinsically motivated learners.

In NBSS, fortnightly HBL days generally take place on Even Fridays. Navalites are expected to learn from home under minimal supervision; they will meet their form classes virtually via MS Teams at the start of the day, before going on to complete their assigned work at their own time. HBL Day expectations include a Student-Initiated Learning component where they pursue their own interests. For a start, Term 1 HBL days are as follows:

Term 1	Date (Fridays)
Week 1	10 Jan
Week 2	17 Jan
Week 4	31 Jan
Week 6	14 Feb
Week 8	28 Feb
Week 10	14 Mar

To support learning, every Navalite is to purchase an Apple iPad as a personal learning device. More information about this will be provided later.

## 6. Department Programmes

### a) English Language and Literature (ELL) Department - Reading Programme

The school aims to develop good reading habits and a love for reading in Navalites through its reading programme. When Navalites read widely, they develop competency and confidence in using the English language, as well as widen their general knowledge.

All Navalites will be scheduled for school library visits and participate in related reading activities throughout the year, as part of the reading programme. With their Personal Learning Devices (PLD), Navalites are also encouraged to access free e-books via the National Library e-book application - Libby. Hence, all Navalites should have a book with them every day, as time will be set aside for reading in the morning.

Beyond curriculum hours, Navalites are strongly encouraged to read the books/articles recommended in their English Language Resource Packages.



b) Mother Tongue Languages (MTL) Department -Chinese New Year Celebrations

The school will celebrate Lunar New Year on 28 January Tuesday. More details on the celebrations will be provided nearer to the day.

c) Aesthetics Department- Application for Music Elective Programme (MEP) for 2025

If your child/ward exhibits interest, ability, and potential for Music and would like to develop their musical understanding they can apply for the two-year GCE O-Level Music Course. The course engages students through rich and integrated musical learning experiences, with exposure to a diverse range of musical styles and traditions. Students with a musical background from Music CCAs or other music programmes (school or external) are encouraged to apply. Successful applicants will attend weekly music lessons held in the afternoon at one of the ten centres. The application period is from 2 to 15 January 2025, and more information will be sent via Parents Gateway at the start of the year. We will also be conducting a briefing for them during their orientation camp.

## 7. Table of Events for Term 1

Date	Programme / Activity
2 January - 6 January	Sec 1 Orientation Programme
3 January	CCA Exhibition Parents' Meet and Greet
7 January - 9 January	Sec 1 Level Camp - Camp Victory
10, 17, 31 January 14, 28 February 14 March	HBL Days
28 January	Chinese New Year Celebrations
18 February	Total Defence Day Commemoration

## 11. Excessive screen time and use of mobile phones in school

a) School Policy on the use of mobile phone

A large body of research has shown the relationship between smartphones screen time and mental health issues in youth. NBSS works closely with MOE and has put in place stringent policies to guide the use of mobile phones in school to maintain a conducive teaching and learning environment.

Navalites will be allowed to bring their mobile phones to school. A Navalite always switches off and keeps out of sight his/her mobile phones during curriculum hours (7:20 a.m. to 2:45 p.m.) on all days (except Friday, 12:30 p.m.) so as to create enabling spaces that nurtures meaningful interactions and social skill-building. The use or display of mobile phones is strictly prohibited during these hours including recess, lunch breaks and self-study periods.



If you need to **contact** your child during school hours, you could call the General Office at Tel: 62571996. For any situations, Navalites will be allowed to make telephone calls from the General Office to their parents or legal guardian.

In the event that your child/ward is found using or displaying his/her mobile phones during the restricted hours, the Form/ Guidance teacher would notify you and make the necessary arrangements for you to collect the mobile phone personally from school.

As the digital landscape continues to evolve, the focus remains on helping our youth foster a healthy balance between technology and real-life interactions, ensuring that they are both academically prepared, and socially and emotionally equipped for the future. Together with the school, parents as partners-in-education play a vital role in guiding your child in the use of mobile devices and online interactions.

b) 'My secret to curbing my kids' screen time: Go low'

Low-tech, that is. No smart phones for tech-savvy dad Ian Tan, who gave his kids basic phones which could only make calls. It was part of his plan to limit their exposure to the Internet and social media. Read on to find out some pointers to prevent your child from being addicted. <https://www.schoolbag.edu.sg/story/my-secret-to-curbing-my-kids-screen-time-go-low/>

## 12. Administrative Matters

a) Sec 1 Students using Primary School's School Smart Cards (SSCs)

All 2024 Sec 1 Navalites can continue to use their primary school SSCs for concessionary travel till end Apr while waiting for their secondary level SSCs to be ready. They can still purchase the Bus Concession Pass (BCP) using their primary level SSCs, but they would need to purchase the BCP for secondary school students.

b) Absences from School

Students should submit a Medical Certificate (MC) to the form teacher on the immediate school day after the day of absence. If no MC is available, an official letter of excuse should be given restricted to ten per academic year, subjected to school leaders' approval. Failure to submit an MC or letter of excuse will deem the child to have played truant and subjected to disciplinary actions.

c) SMS Notifications to Inform Parents / Guardians of Student Absence

When students are absent, an automated SMS will be sent in the morning to the primary caregiver as reflected in School Cockpit. This is to ensure that parents/guardians are promptly updated about your child/ward's absence. Please make sure that your child/ward returns to school with the relevant documents explaining their absence. If you do not wish to receive SMS alerts or if there are changes to your contact number, please inform the school at [nbss@moe.edu.sg](mailto:nbss@moe.edu.sg).



NAVAL  
BASE  
SECONDARY  
SCHOOL

d) Photographs / Images Taken During School Events

Please note that photograph(s) and video image(s) of your child/ward may be captured during school events. These images may be published in school publications, websites, social media and other school communication channels. If you do not wish to have these photographs and images published, you may write to the school at [nbss@moe.edu.sg](mailto:nbss@moe.edu.sg).

We look forward to partnering you as your child/ward embarks on their educational journey with NBSS. Thank you!

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This termly letter can be downloaded from the Parents Gateway (PG) and the school's website:

<https://navalbasesec.moe.edu.sg/parents-at-nbss/termly-letters>

If you need further clarifications, please send an email to:

[nbss@moe.edu.sg](mailto:nbss@moe.edu.sg)





**Annex A - Camp Programme for Camp Victory**

Day 1	1 Anchor	1 Beacon	1 Compass	1 Danforth	1 Expedition	1 Flagship	1 Garrison	1 Harbour
0745 - 0810	Camp Opening & Frontloading of Objectives Introduction of Trainers Distribution of Snacks for Breakfast							
0810 - 0900	Bus Transfer to CSC Changi Campsite				Bus Transfer to D'resort Coach Bay	Bus transfer to Pasir Ris Carpark E	Bus transfer to Pasir Ris Carpark A	
0900 - 1100	Laser Tag	Handicapped Obstacle Course	Catapult Building	Outdoor Cooking	Learn to Cycle (D'resort > Lor Halus Wetland > Pasir Ris Carpark E)	Kayaking	Amazing Race	
1100 - 1300	Handicapped Obstacle Course	Laser Tag	Outdoor Cooking	Catapult Building	Kayaking	Learn to Cycle (Pasir Ris Carpark E > Coney Island > Pasir Ris Carpark E)		
1300 - 1400	Lunch @ Campsite				Lunch @ Pasir Ris Carpark E			
1400 - 1600	Catapult Building	Outdoor Cooking	Laser Tag	Handicapped Obstacle Course	Amazing Race		Learn to Cycle (Pasir Ris Carpark E > Coney Island > Pasir Ris Carpark E)	Kayaking
1600 - 1800	Outdoor Cooking	Catapult Building	Handicapped Obstacle Course	Laser Tag			Kayaking	Learn to Cycle (Pasir Ris Carpark E > Lor Halus Wetland > D'resort)
1800 - 1830	Class Performance Preparations				Bus Transfer from Pasir Ris Carpark E to Campsite		Bus Transfer from D'resort to campsite	
1830 - 1930	Buffet Dinner @ Campsite							
1930 - 2030	Admin Time / Form Teacher Time with Debrief & Reflections				Shower & Supper			
2030 - 2130	Shower & Supper				Admin Time / Form Teacher Time with Debrief & Reflections			
2130 - 2200	Prepare to Sleep							
2200	Lights Out							



Day 2	1 Anchor	1 Beacon	1 Compass	1 Danforth	1 Expedition	1 Flagship	1 Garrison	1 Harbour
630	Rise and Shine							
0715 - 0815	Breakfast							
0815 - 0900	Bus Transfer to D'resort Coach Bay	Bus transfer to Pasir Ris Carpark E	Bus transfer to Pasir Ris Carpark A		Class Performace Preparations			
0900 - 1100	Learn to Cycle (D'resort > Lor Halus Wetland > Pasir Ris Carpark E)	Kayaking	Amazing Race		Laser Tag	Handicapped Obstacle Course	Catapult Building	Outdoor Cooking
1100 - 1300	Kayaking	Learn to Cycle (Pasir Ris Carpark E > Coney Island > Pasir Ris Carpark E)			Handicapped Obstacle Course	Laser Tag	Outdoor Cooking	Catapult Building
1300 - 1400	Lunch @ Pasir Ris Carpark E				Lunch @ Campsite			
1400 - 1600	Amazing Race		Learn to Cycle (Pasir Ris Carpark E > Coney Island > Pasir Ris Carpark E)	Kayaking	Catapult Building	Outdoor Cooking	Laser Tag	Handicapped Obstacle Course
1600 - 1800			Kayaking	Learn to Cycle (Pasir Ris Carpark E > Lor Halus Wetland > D'resort)	Outdoor Cooking	Catapult Building	Handicapped Obstacle Course	Laser Tag
1800 - 1830	Bus Transfer from Pasir Ris Carpark E to Campsite			Bus Transfer from D'resort to campsite	Class Performace Preparations			
1830 - 1930	Buffet Dinner @ Campsite							
1930 - 2030	Class performances and Camp Cheers							
2030 - 2115	Shower & Supper				Admin Time / Form Teacher Time with Debrief & Reflections			
2115 - 2200	Admin Time / Form Teacher Time with Debrief & Reflections				Shower & Supper			
2200 - 2230	Prepare to Sleep							
2230	Lights Out							





Day 3	1 Anchor	1 Beacon	1 Compass	1 Danforth	1 Expedition	1 Flagship	1 Garrison	1 Harbour
700	Rise and Shine							
0745 - 0845	Breakfast							
0845 - 0915	Area Cleaning Briefing Movement of Bags to Sheltered Tentage							
0915 - 1000	Area Cleaning							
1000 - 1030	Final debrief & Reflections Gratitude Circle							
1030 - 1100	Cohort Photo Taking Collection of Bag							
1100 - 1145	Bus Transfer to School							
1145 - 1245	Lunch							
1245 - 1300	Camp Closing & Dismissal							
1300	End of Programme							

### Annex A - Packing List for Camp Victory

Items	Quantity	Remarks
<b>CLOTHING</b>		
T-Shirts	3	PE/House T-shirt
Shorts/ Bermudas	3	
Track Pants	2	1 for Kayaking & 1 for Cycling
Shower Towel	1	
Undergarments	Sufficient	At least 3 sets
Socks	Sufficient	At least 2 pairs
Sweater/ Wind Breaker	1	<i>Optional</i>
Cap	1	<i>Optional</i>
Wet Attire	1	1 T-shirt (preferably dark) & 1 Trackpants & Undergarments
Wet Shoes	1	Water Booties/Spare Shoes
<b>FOOTWEAR</b>		
Sandals/ Slippers	1 pair	
Track Shoes	1 pair	
<b>PERSONAL ITEMS</b>		
Small Day Bag	1	Able to put all the items listed in (DAY PACK)
Sleeping Bag	1	
Poncho/Raincoat	1	



	3	For soiled clothings & Wet Clothes
Torch Light	1	
Water Bottle	1	At least 500ml (preferably 1 litre)
Fork, Spoon, Plate, Mug	1	Non-Disposable
Writing Materials	1	Example: Pen/Pencil, Eraser/Correction Pen
Sun Block	1	
Thermometer	1	
Mosquito Patch	Sufficient	
Personal Medication	Sufficient	
Toiletries	Sufficient	Eg: Toothbrush, Toothpaste, Shampoo, Soap, Toilet Paper
<b><u>INSIDE THE DAY PACK</u></b>		
<ol style="list-style-type: none"> <li>1. Water Bottle 500ml</li> <li>2. Personal Medication</li> <li>3. Poncho/Raincoat</li> <li>4. Torch Light</li> <li>5. Utensils (Fork, Spoon, Plate, Mug)</li> <li>6. Writing Materials (Pen/Pencil, Eraser/Correction Pen and Booklet)</li> <li>7. Wet Attire (If you are heading to the activity on the day)</li> </ol>		

- This list serves only as a guide. Please adjust the quantity accordingly.
- Students are to label all their personal items where possible.
- Students are to take responsibility for their belongings.